

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Chicken Cheese Tamale with Brown Rice Beans & Corn 100 % fruit juice	2 Cheeseburger Slider Whole Wheat Bun Sweet Potatoes Fresh Orange 1% Milk
5 Creamy Mushroom Chicken with Brown Rice Green Beans Applesauce 1% Milk	6 Veggie & Cheese Omelet with Bell Peppers & Onions Oat Cluster Hash browns Mandarin Oranges 1% Milk	7 Broccoli Beef Brown Rice, Peas & Carrots Fresh Pear 1% Milk	8 Southwest Chicken Bowl with Wild Rice, Beans, Corn & Green Chilies Provologne & Mozzarella Cheese Salsa 100% fruit juice	9 BBQ Chicken with Yellow Corn Sweet Potatoes Whole Grain Bread Slice Fresh Orange 1% Milk
12 Fish Sticks with Brown Rice, Broccoli & Carrots Mandarin Oranges 1% Milk	13 Country Fried Steak Mashed Potatoes with Gravy Carrots White Grain Bread Slice Applesauce 1% Milk	14 Whole Wheat Pancake with Syrup, Hash browns Turkey Link Fresh Orange 1% Milk	15 Cheese Quesadilla Wild Rice Black & White Beans, Corn & Onion 100% fruit juice	16 Spaghetti & Meatballs Marinara Vegetable Blend Fresh Pear 1% Milk
19 Philly Cheese Steak Sliders on Whole Wheat Bun with Bell Peppers, Onions & Cheese Fresh Orange 1% Milk	20 Beef Taquitos with Brown Rice Beans & Corn Sour Cream Pear 1% Milk NEW ITEM!	21 Curry Chicken with Brown Rice, Green Beans Applesauce 1% Milk	22 Cheese Ravioli with Basil Pesto Beans, Carrots, Olives & Peppers Whole Grain Bread Slice 100% fruit juice	23 English Muffin Sandwich Whole Wheat English Muffin with Egg & Turkey Patty Hash browns Mandarin Oranges 1% Milk
26 French Toast Sticks Eggs Hashbrowns Applesauce 1% Milk	27 Beef Stroganoff with Whole Wheat Pasta Steamed Peas & Carrots Fresh Pear 1% Milk	28 Teriyaki Chicken with Brown Rice Steamed Broccoli & Carrots Mandarin Oranges 1% Milk	29 Chicken Cheese Tamale with Brown Rice Beans & Corn 100 % fruit juice	30 Cheeseburger Slider Whole Wheat Bun Sweet Potatoes Fresh Orange 1% Milk

ALLERGEN NOTICE: Prepared in a facility that processes common allergens. Please check ingredient list on meal for details.

VEGETARIAN : 

SHELLFISH: 

FISH OIL: 

WHEAT: 