

2017

SWANSTON COMMUNITY CENTER

Fall Activities

September-October



Parks
Make
Life
Better!



@SWANSTONCC
@MISSIONOAKSREC

2350 NORTROP AVE.
SACRAMENTO, CA 95825
333-6464
MORPD.COM

YOUTH PROGRAMS

AFTERSCHOOL ADVENTURES

Join the best afterschool program in town!

AGES: 5-12

DATES: MON-FRI

SESSION ONE: August 14-October 13

TIMES: 2:45-6pm

(THU hours are 1:30-6pm)

COST: \$15 per week



INCREDIBLE ADVENTURES

Secret Agent 101: In this class, you'll make some cool crime fighting gadgets, learn to take fingerprints, solve some mysterious puzzles, and play some brain stretching games as you help solve a real school mystery!

LOCATION: Sierra Oaks K-8

AGES: 5 to 11yrs old

DATES: 9/20, 9/27, 10/4, and 10/11

TIMES: 2:30-3:45pm

COST: \$88

LOCATION: Mariemont Elementary

DATES: 10/18, 10/25, 11/1, and 11/8

TIMES: 3-4:15pm

AGES: 5 to 11yrs old

COST: \$88



SPANISH EXPOSURE

Afterschool enrichment program en Español!

For grades 2nd-6th. Experience creativity in a new direction with Spanish Exposure Workshops. Taught in 70/30 Spanish to English; student cap is 10. Get a jump start on your child's exposure to the #1 foreign language used today. **7 LOCATIONS--**

Visit **MORPD.com** for details and fees or **www.TheSpanishClassroom.com**



IRISH DANCE

New!

Learn traditional Irish dance.

AGES: 4-17

DATES: Tuesdays (no class 11/21, 12/26)

TIMES: 6:15-7:15pm

COST: \$60 per month,
\$15 material fee to instructor



MODERN TENNIS

Games, competition, and drills to develop all aspects of the modern tennis game.

Sundays, 9-10am (ages 8-12), \$40 per session

Sundays, 10-11am (ages 12-17), \$40 per session

MON/WED 3-3:45pm (ages 6-9) \$20 per session

MON/WED, 4-5:30pm (Masters) \$100 per session

Scholarships available with free/reduced school lunch eligibility.

Questions? Please contact Devin Knox at (916)678-2435 or DKnoxTennis@hotmail.com. Private Lessons also available.



DANCE & STEP TEAM

Performance team for youth ages 6-13.

MON/WED 6-7:30pm (age 6-9)

THU 6-7:30pm and SAT 10-11:30am (age 10-13)

COST: \$25 per month. Includes T-shirt.

Join us **AUGUST 30 at 6pm** for an Information Night to meet the instructor and learn about the class. **To register, contact Coach Tee Lightsey at (775) 443-1291 or coach.tee@yahoo.com.**



Class is located off-site

ADULT CLASSES

JAZZERCISE DANCE MIXX

M/W/F 9:15-10:15am
and SAT 8:30-9:30am

JAZZERCISE STRENGTH45

WED 8:15-9am

\$50 Monthly



ANYONE CAN DRUM

Thursdays, 1-2pm

\$25 per month or \$7 drop-in

West African drumming, no experience necessary.



PING PONG CLUB

Mondays, 1-2:30pm

Fridays 11am-1:30pm

\$2 Donation

Beginners welcome!



TAI CHI

Tuesdays and Thursdays

8:15-9:15am, Beginners

9:30-10:30am, Intermediate

\$30 per month

Wear comfortable, loose fitting clothing.



CHAIR YOGA

Tuesdays and Thursdays

10:45-11:45am

\$20/month 4 classes

\$30/month 8 classes

Bring a yoga mat and water.



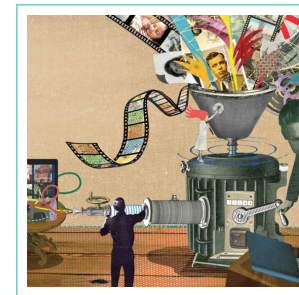
PHOTO ORGANIZING New!

October 18

9:30-11am

\$25 registration fee

Learn the How-To's of organizing old photos and start your digital collection.



2ND FRIDAY DANCES



September 8 & October 13

6:30-8:30pm

FREE!!

30-min line dance lessons included. All levels welcome.

Sponsored By: 

CLASSICAL MUSIC APPRECIATION New!

Wednesdays

10:30-11:30am

\$5 per class or \$15 per month. *Join lecturer Robert Coleman for a Classical survey that spans the five main eras from the Baroque to present day.*



Full class descriptions and listings are available at the community center, and online at MORPD.com. You can register for programs and classes online or in person at the Swanston Community Center front desk. If registering by mail, please do not send cash. For more information please visit MORPD.com or call 333-6464.

EVENTS / FACILITIES



Greater Arden
Chamber of Commerce

Where business happens

EVERY 3RD FRIDAY!
September 15
October 20
6-7pm

at Swanston Community Center
2350 Northrop Ave.

Coffee and Conversation

Gather with residents and businesses to learn about issues affecting your community.

***Plus, free coffee!



Youth Leadership Coalition

The Youth Leadership Coalition (YLC) is a student-led community service and prevention group that meets monthly. Student leaders have the opportunity to earn a \$200 stipend through leading community projects. For grades 6th to 12th.

September 22nd
October 20th
4 to 5:30 PM

All meetings are held at Swanston Community Center.



SWANSTON SPLASH PARK

2017 Season

Season Opener	5/27	11am-6pm
Weekends Only	5/27 - 6/11	11am-6pm
Memorial Day	5/29	11am-6pm
Open 7 Days	6/12 - 8/4	11am-6pm
Weekends Only	8/5 - 10/1	11am-6pm
Labor Day	9/4	11am-6pm

MISSION OAKS RECREATION AND PARK DISTRICT

presents

10th ANNUAL SPOOKTACULAR

MONDAY, OCTOBER 30

3-7PM

A FRIGHTFULLY FUN

FREE FAMILY EVENT!

TRICK OR TREAT

AT SWANSTON PARK & COMMUNITY CENTER

2350 NORTHROP AVE., SACRAMENTO

MORPD.com | 333-6464

SWANSTON COMMUNITY CENTER



WEDDINGS PARTIES SEMINARS

FACILITY RENTAL PACKAGES

Call for a quote today

JOIN OUR MAILING LIST

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