Elementary Volleyball
COVID – 19 Safety Plan

General

- All CDPH and Sacramento County Department of Health Services guidelines and orders will be followed.
    - All participants, spectators, officials, and coaches must follow current guidelines in order to participate and enter the facility.
- All participants, spectators, officials, and staff, agree to self-screen for COVID-19 symptoms prior to attending games and or practices.
- All participants, spectators, officials, and staff, agree to notify the league supervisor of any confirmed COVID-19 diagnosis
    - League Supervisor – Brandon Stoakley
    - 916-570-2806
    - bstoakley@morpd.com
- Cancellations – MORPD reserves the right to cancel practices, games, or the season at any point before or during sessions.

Health Screening

- Participants, spectators, officials, and staff agree to self-screen for COVID-19 symptoms prior to attending any games or practices. Please check for the symptoms listed below:
    - Are you experiencing any of the following symptoms: fever, cough, shortness of breath, chills, muscle aches, sore throat, runny nose or congestion, loss of taste or smell, nausea, vomiting, or diarrhea?
    - Have you, or anyone in your family, been in contact with a person that has tested positive for COVID-19?
    - Have you or anyone in your family traveled outside the US within the last 14-days?
    - Do you have a temperature at or above 100.4 degrees F?

  If you answer "yes" to any of the Health Questions, please stay home and follow appropriate CDPH and Sac County Department of Health guidelines, including any isolation recommendations prior to returning to the program.

Face Coverings

- In Accordance with the Sacramento County Department of Health Order released July 29, 2021, masks are required indoors at all times regardless of vaccination status.

- Participants, spectators, coaches, and staff are required to wear masks indoors at all times.
    - Participants are required to wear masks at all times including while playing
- Some individuals may be exempt from wearing a face covering. Individuals exempt from wearing a face covering must bring a note/letter from their physician stating that they are exempt and a photo ID. Prior to entering the gym please show this note along with picture ID to staff.

These guidelines are subject to change based on new public health orders from either the CDPH or Sacramento County Department of Public Health.

Positive COVID-19 Diagnosis or Exposure

- In the Event of a Positive COVID-19 Case the families of the participants, coaches, and officials who could be considered close contacts will be notified. MORPD will follow the current CDPH and Sacramento County Department of Health guidelines which could result in postponing or cancelling games and or the program.
- If a participant in the program is exposed anywhere outside of the program, please contact the league supervisor to create a plan for when the participant can return to the program.

Questions about the Elementary Volleyball COVID-19 Illness Plan

- Please contact the program supervisor with any questions regarding the COVID-19 Safety Plan
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